



Saturday, April 26, 2014

6:00 p.m.

Lake Hollingsworth, Lakeland, FL

5K Run/Walk

<http://racethebar.weebly.com>

Join the Lakeland Bar Association, Inc. for an evening 5k Run/Walk at Lake Hollingsworth followed by a private post-race party to benefit Florida Rural Legal Services, Inc.

Awards will be given for male & female overall, overall masters, 3 deep age group and special legal categories.

Entry Fees- (early registration guarantees a tech shirt & post-race party food and drink):

- _____ \$25.00: Early registration (must register online or postmark by April 11, 2014)
- _____ \$30.00: "Give me my shirt & head straight to the bar." (no need to run, just join us for the post-race fun!)
- _____ \$30.00: Late or day-of registration

T-Shirt Size- (Unisex) Shirts guaranteed only for registrations received by April 11, 2014.

_____ Small _____ Medium _____ Large _____ Extra-Large

SPECIAL LEGAL CATEGORIES- members of the legal community can designate the following categories for special awards:

_____ Judge	_____ M _____ F	_____ Attorney	_____ M _____ F
_____ Judicial Assistant	_____ M _____ F	_____ Legal Assistant	_____ M _____ F
_____ Bailiff/Deputy	_____ M _____ F	_____ Court Reporter	_____ M _____ F
_____ Law Enforcement	_____ M _____ F	_____ Court Staff	_____ M _____ F

Participant Information (completed entry form required for each participant)

Name: _____ Address: _____

City/State/Zip: _____ Phone: _____ Gender: ___ M ___ F

Age on race day: _____ Email: _____

Emergency Contact:

Name: _____ Phone: _____

Required Waiver:

Entry fees are non-refundable. I hereby, for myself, my heirs, my executor and administrators, waive and release all claims for damages or whatsoever I may have against the Lakeland Bar Association, Inc., Florida Rural Legal Services, Inc., Florida Road Race Management, Inc., all sponsors, volunteers, officials and organizers of this event. I attest and verify that I am physically fit and sufficiently trained to participate in this event

Signature: _____ Date: _____

If participant is a minor, a parent or legal guardian must sign below:

Print legal guardian's name: _____
Signature: _____ Date: _____

Register online at <http://racethebar.weebly.com> or return this completed form and payment to the Lakeland Bar Association, Inc., P.O. Box 2883, Lakeland, FL 33801. Questions? Email racethebar@hotmail.com.